NORTH CAROLINA BOARD OF NURSING
OPTIONAL TRAINING MODULE 12

NCBON provides this module/skills checklist as a courtesy for use in training any unlicensed personnel.

Fingerstick capillary blood glucose testing is considered a non-nursing function (see Position Statement "Delegation: Non-Nursing Functions at www.ncbon.com – Position Statements).

Optional Skill Module #12

Module Title: Finger Stick Capillary Blood Glucose Testing

Time Frame	Faculty/Presenter	Learning Objective(s)	Related Content (Outline Form)	Teaching Methodologies	Evaluation
3 hours		Define Diabetes Mellitus	A. Disease or Malfunction 1. Causes 2. Identification of disease or malfunction treatment	Lecture/discussion/AV's	
			B. Purpose of Procedure	Lecture/discussion/AV's	
		Identify two (2) reasons to perform fingerstick capillary blood glucose monitoring	C. Hyperglycema 1. Cause 2. Identification 3. Treatment D. Hypoglycemia 1. Cause 2. Identification 3. Treatment		
		List measures used to correct hyperglycemia and hypoglycemia	E. Corrective measures 1. Reporting results to licensed nurse* 2. Hyperglycemia treated with insulin by licensed nurse* 3. Hypoglycemia treated with glucose	Lecture/discussion/AV's	
		Demonstrate the technique of fingerstick capillary blood glucose monitoring	F. Proper technique for fingerstick capillary blood glucose monitoring 1. Preparation 2. Procedure performance 3. Documentation 4. Reporting to licensed nurse*		Clinical skills check-off list (Competency Evaluation)

*Only the RN may provide nurse aide training and competency validations. The LPN may provide subsequent delegation and supervision when working with a nurse aide. Only the licensed nurse (RN or LPN) may assess test results and implement ordered interventions.

Revised: 8/11/2010, 10/2010
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NORTH CAROLINA BOARD OF NURINSG
OPTIONAL SKILL MODULE 12

MODULE TITLE: Finger Stick Capillary Blood Glucose Testing

COMPETENCY: STATEMENT Demonstrates the technique of finger stick capillary blood glucose testing.

CRITIERIA:

1. Obtains directions from licensed nurse*
2. Identify the patient
3. Explain the procedure to the patient
4. Assemble the equipment and supplies based on agency protocol:
   Example:
   a. cotton ball
   b. alcohol swab
   c. test strip
   d. finger lancing device
   e. latex glove (universal precautions use throughout the procedure)
   f. blood glucose monitoring machine
5. Test glucose monitoring machine for accuracy (calibration) if necessary
6. Uses correct testing strip for machine
7. Puts on gloves
8. Assemble finger lancing device
9. Prepare site for fingerstick
10. Pricks side of a fingertip using a lancet or automatic finger puncture device
11. Places adequate amount of blood on test area of strip
12. Times procedure accurately (if necessary)
13. Disposes of lancet properly
14. Read the results at correct time
15. Record results according to agency policy
16. Reports results to licensed nurse*

SPECIAL DIRECTIONS OR NOTATIONS:

*Only the RN may provide nurse aide training and competency validation. The LPN may provide subsequent delegation and supervision when working with a nurse aide. Only the licensed nurse (RN or LPN) may assess test results and implement ordered interventions.

This entire activity has been performed by _____ without prompting and without assistance.
(Student Name)

RN Preceptor(s):

Name:_____ Date:_____

Name:_____ Date:_____

Name:_____ Date:_____

I agree I have performed this skill without prompting and without assistance on the above dates.

Student Signature:_____ Date:_____