

NORTH CAROLINA BOARD OF NURSING
NURSE AIDE II TRAINING MODULE

SKILL MODULE # 11 BREAK-UP AND REMOVAL OF A FECAL IMPACTION

SPECIAL DIRECTIONS OR NOTATIONS:

- Patient must be assessed by RN prior to delegating this activity to the NA II
- Competency validation should occur in the clinical area whenever possible; however, in those limited situations where this is not possible, laboratory simulation of the clinical setting is permissible.
- Only the RN may provide nurse aide training and competency validation. The LPN may provide subsequent delegation and supervision when working with a nurse aide.

TIME FRAME	LEARNING OBJECTIVES	RELATED CONTENT (OUTLINE)	LEARNING ACTIVITIES	EVALUATION
2 hours	<p>State three (3) probable signs of fecal impaction</p> <p>Discuss the procedure for removal of fecal impaction</p> <p>Identify at least three (3) observations to report to the licensed nurse</p>	<p>A. Probable signs of impaction</p> <ol style="list-style-type: none"> 1. Seepage of liquid stool 2. Abdominal distention 3. Nausea and vomiting <p>B. Procedure for removal of fecal impaction</p> <ol style="list-style-type: none"> 1. Directions from nurse 2. Equipment needed 3. Patient positioning 4. Method for break-up and removal of feces 5. Indications for stopping procedure <ol style="list-style-type: none"> a. pain b. bleeding c. skin color changes d. respiratory changes 6. Recording and reporting results 	<p>Lecture/discussion</p> <p>Laboratory demonstration and return demonstration of procedure for the break-up and removal of fecal impaction</p>	<p>Written test</p> <p>Skills Checklist Competency Evaluation in clinical setting</p>

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SKILLS CHECKLIST COMPETENCY EVALUATION

SKILL MODULE 11 PROCEDURE BREAK-UP AND REMOVAL OF A FECAL IMPACTION

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COMPETENCY STATEMENT: Demonstrates the break-up and removal of a fecal impaction

CRITERIA:

1. Obtains directions from licensed nurse
2. Assembles supplies and equipment
3. Identifies the patient
4. Explains procedure to patient
5. Positions patient
6. Washes hands
7. Puts on gloves
8. Lubricates index finger
9. Inserts finger into rectum
10. Breaks up and removes fecal matter gently
11. Observes patient for discomfort or adverse reactions
12. Cleanses rectal area when finished
13. Disposes of equipment, supplies, and feces in appropriate waste receptacle
14. Removes and disposes of gloves
15. Washes hands
16. Documents information
17. Reports information to licensed nurse*

This entire activity has been properly performed, without prompting and without assistance, by

(Name of student)

RN INSTRUCTOR:

Name/Date	
Select One	<input type="checkbox"/> Clinical Setting <input type="checkbox"/> Laboratory <input type="checkbox"/> Simulation

Name/Date	
Select One	<input type="checkbox"/> Clinical Setting <input type="checkbox"/> Laboratory <input type="checkbox"/> Simulation

I agree that I have performed this skill without prompting and without assistance on the above dates.

Student Signature: _____ Date _____