

**NORTH CAROLINA BOARD OF NURSING
NURSE AIDE II TRAINING MODULE**

SKILL MODULE 10 ELIMINATION PROCEDURES: OSTOMY CARE AND IRRIGATION

SPECIAL DIRECTIONS OR NOTATIONS:

- NAIL may care ONLY for an established ostomy as defined below
- An established ostomy is one that is 6 weeks or more post op, and does not have any issues of morbidity such as necrosis, stenosis, mucocutaneous separation or prolapse. Ostomy must be assessed by the RN prior to delegating ostomy care to the NAIL.
- Competency validation should occur in the clinical area whenever possible; however, in those limited situations where this is not possible, laboratory simulation of the clinical setting is permissible.
- Only the RN may provide nurse aide training and competency validation. The LPN may provide subsequent delegation and supervision when working with a nurse aide.

TIME FRAME	LEARNING OBJECTIVES	RELATED CONTENT (OUTLINE)	LEARNING ACTIVITIES	EVALUATION
5 hours	<p>Identify terms that relate to ostomy care</p> <p>Describe the appearance of a normal stoma</p> <p>Identify the procedure for collecting specimen</p> <p>Discuss the procedure for providing stoma care for an established ostomy</p> <p>Describe the steps in changing an ileostomy appliance for a patient with an established ostomy</p>	<p>A. Terms</p> <ol style="list-style-type: none"> 1. Colostomy 2. Cecostomy 3. Stoma 4. Ileostomy 5. Bowel diversions <p>B. Appearance of normal stoma</p> <ol style="list-style-type: none"> 1. Red 2. Smooth 3. Intestinal tissue <p>C. Specimen collection</p> <ol style="list-style-type: none"> 1. Stool 2. Urine 3. Equipment 4. Procedures <p>D. Routine stoma care</p> <ol style="list-style-type: none"> 1. Purpose of procedure 2. Equipment 3. Explanation to patient 4. Skin care 5. Recording and reporting <p>E. Ileostomy Care</p> <ol style="list-style-type: none"> 1. Types of appliances 2. Locations 3. Removing appliances 4. Emptying appliances 	<p>Lecture/discussion</p> <p>Laboratory demonstration and return demonstration of the steps in performing stoma care for patients with an established ileostomy and/or colostomy</p> <p>Laboratory demonstration and return demonstration of procedure for changing an ileostomy appliance</p>	<p>Written test</p> <p>Skills Checklist Competency Evaluation in clinical setting</p>

**NORTH CAROLINA BOARD OF NURSING
NURSE AIDE II TRAINING MODULE**

SKILL MODULE 10 ELIMINATION PROCEDURES: OSTOMY CARE AND IRRIGATION

TIME FRAME	LEARNING OBJECTIVES	RELATED CONTENT (OUTLINE)	LEARNING ACTIVITIES	EVALUATION
	<p>Describe the steps in changing a colostomy pouch</p> <p>Describe the procedure for ostomy irrigation</p>	<ol style="list-style-type: none"> 5. Cleaning skin 6. Applying appliance 7. Assisting patient with procedure <p>E. Colostomy pouch</p> <ol style="list-style-type: none"> 1. Removing pouch 2. Cleansing skin 3. Applying pouch 4. Emptying pouch 5. Assisting patient with pouch <p>F. Ostomy irrigation</p> <ol style="list-style-type: none"> 1. Identification of patient 2. Equipment <ol style="list-style-type: none"> a. Appliances b. Barriers 3. Positioning patient 4. Procedures 5. Common problems 6. Distance for insertion of irrigating device 7. Observations 8. Reporting and recording 	<p>Laboratory demonstration and return demonstration of procedure for changing a colostomy pouch</p> <p>Laboratory demonstration and return demonstration of procedure for irrigating an established ostomy</p>	

**NORTH CAROLINA BOARD OF NURSING
NURSE AIDE II TRAINING MODULE**

SKILL MODULE 10 ELIMINATION PROCEDURES: OSTOMY CARE AND IRRIGATION

SKILLS CHECKLIST COMPETENCY EVALUATION

SKILL MODULE 10 ELIMINATION PROCEDURES: OSTOMY CARE AND IRRIGATION

SPECIAL DIRECTIONS OR NOTATIONS:

- NAll may care ONLY for an established ostomy as defined below
- An established ostomy is one that is 6 weeks or more post op, and does not have any issues of morbidity such as necrosis, stenosis, mucocutaneous separation or prolapse. Ostomy must be assessed by the RN prior to delegating ostomy care to the NAll.
- Competency validation should occur in the clinical area whenever possible; however, in those limited situations where this is not possible, laboratory simulation of the clinical setting is permissible.
- Only the RN may provide nurse aide training and competency validation. The LPN may provide subsequent delegation and supervision when working with a nurse aide.

COMPETENCY STATEMENT: Provides care to a patient with an established ostomy by: obtaining a specimen, irrigating, pouching, and providing routine site care

CRITERIA:

1. Obtains directions from licensed nurse
2. Assembles the necessary equipment and supplies
3. Explains procedure to patient
4. Positions patient
5. Puts on gloves
6. Removes and empties stoma bag/ appliance in appropriate waste receptacle
7. Cleanses stoma area
8. Irrigates ostomy (if directed and according to specific directions by licensed nurse)
9. Notes condition of area
10. Reapplies belt/appliance
11. Removes and disposes of gloves
12. Washes hands
13. Documents information
14. Reports information to licensed nurse

This entire activity has been properly performed, without prompting and without assistance, by

(Name of student)

RN INSTRUCTOR:

Name/Date	
Select One	<input type="checkbox"/> Clinical Setting <input type="checkbox"/> Laboratory <input type="checkbox"/> Simulation

Name/Date	
Select One	<input type="checkbox"/> Clinical Setting <input type="checkbox"/> Laboratory <input type="checkbox"/> Simulation

I agree that I have performed this skill without prompting and without assistance on the above dates.

Student Signature: _____ Date _____