

LEARNING PLAN

Instructions: Gather materials related to the assessment of your practice: Worksheets 1-4, any feedback you have collected from others (your last performance review for example, or feedback received from colleagues or patients). Use this material to identify your strengths and the areas of your practice you want to develop further.

Strengths in my practice: _____

Areas to develop in my practice: _____

Next, create a learning plan that will address your needs and interests. Your learning plan should include from one to three learning objectives that can be achieved within the next two years, consistent with your license renewal cycle. Each learning objective should be related to a dimension of practice.

Learning Objective I want to: _____

This learning objective relates to the following dimension of my practice: (circle one or more)

- 1)professional responsibility 2)knowledge-based practice 3)legal/ethical 4)collaborative practice

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Learning Activity Options (you would be expected to complete ONE of these to meet the requirements for Continuing Competence)

- 1) National certification or re-certification related to the nurse's practice role; or
- 2) Thirty (30) contact hours of continuing education activities; or
- 3) Completion of a Board approved refresher course; or
- 4) Completion of a minimum of two semester hours of post-licensure academic education related to nursing practice; or
- 5) Fifteen (15) contact hours of a continuing education activity AND completion of a nursing project as principal or co-principal investigator; or
- 6) Fifteen (15) contact hours of a continuing education activity AND authoring or co-authoring a published nursing-related article, paper, book or book chapter; or
- 7) Fifteen (15) contact hours of a continuing education activity AND developing and conducting a nursing education presentation or presentations totaling a minimum of five contact hours; or
- 8) Fifteen (15) contact hours of a continuing education activity AND 640 hours of active practice within the previous two years.

Circle your chosen learning option and retain supporting documentation for at least two years in the event you are selected for audit.

The North Carolina Board of Nursing thanks the Council of the College of Nurses of Ontario, Canada and the College and Association of Registered Nurses of Alberta, Canada for their assistance in the development of the Reflective Practice model and related documents.