SKILL MODULE # 11 BREAK-UP AND REMOVAL OF A FECAL IMPACTION

SPECIAL DIRECTIONS OR NOTATIONS:
- Patient must be assessed by RN prior to delegating this activity to the NA II
- Competency validation should occur in the clinical area whenever possible; however, in those limited situations where this is not possible, laboratory simulation of the clinical setting is permissible.
- Only the RN may provide nurse aide training and competency validation. The LPN may provide subsequent delegation and supervision when working with a nurse aide.

<table>
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<th>TIME FRAME</th>
<th>LEARNING OBJECTIVES</th>
<th>RELATED CONTENT (OUTLINE)</th>
<th>LEARNING ACTIVITIES</th>
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| 2 hours    | State three (3) probable signs of fecal impaction | A. Probable signs of impaction  
1. Seepage of liquid stool  
2. Abdominal distention  
3. Nausea and vomiting | Lecture/discussion | Written test |
|            | Discuss the procedure for removal of fecal impaction | B. Procedure for removal of fecal impaction  
1. Directions from nurse  
2. Equipment needed  
3. Patient positioning  
4. Method for break-up and removal of feces  
5. Indications for stopping procedure  
   a. pain  
   b. bleeding  
   c. skin color changes  
   d. respiratory changes  
6. Recording and reporting results | Laboratory demonstration and return demonstration of procedure for the break-up and removal of fecal impaction | Skills Checklist  
Competency Evaluation in clinical setting |
SKILL MODULE # 11 BREAK-UP AND REMOVAL OF A FECAL IMPACTION

SKILLS CHECKLIST COMPETENCY EVALUATION

SKILL MODULE 11 PROCEDURE BREAK-UP AND REMOVAL OF A FECAL IMPACTION

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COMPETENCY STATEMENT: Demonstrates the break-up and removal of a fecal impaction

CRITERIA:
1. Obtains directions from licensed nurse
2. Assembles supplies and equipment
3. Identifies the patient
4. Explains procedure to patient
5. Positions patient
6. Washes hands
7. Puts on gloves
8. Lubricates index finger
9. Inserts finger into rectum
10. Breaks up and removes fecal matter gently
11. Observes patient for discomfort or adverse reactions
12. Cleanses rectal area when finished
13. Disposes of equipment, supplies, and feces in appropriate waste receptacle
14. Removes and disposes of gloves
15. Washes hands
16. Documents information
17. Reports information to licensed nurse

This entire activity has been properly performed, without prompting and without assistance, by _____________________________.

(Name of student)

RN INSTRUCTOR:

Name/Date

Select One  □ Clinical Setting □ Laboratory □ Simulation

Name/Date

Select One  □ Clinical Setting □ Laboratory □ Simulation

I agree that I have performed this skill without prompting and without assistance on the above dates.

Student Signature: ____________________________ Date ____________________________