## SPECIAL DIRECTIONS OR NOTATIONS:
- NAII may care ONLY for an established ostomy as defined below.
- An established ostomy is one that is 6 weeks or more post op, and does not have any issues of morbidity such as necrosis, stenosis, mucocutaneous separation or prolapse. Ostomy must be assessed by the RN prior to delegating ostomy care to the NAII.
- Competency validation should occur in the clinical area whenever possible; however, in those limited situations where this is not possible, laboratory simulation of the clinical setting is permissible.
- Only the RN may provide nurse aide training and competency validation. The LPN may provide subsequent delegation and supervision when working with a nurse aide.

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| 5 hours    | Identify terms that relate to ostomy care | A. Terms  
1. Colostomy  
2. Cecostomy  
3. Stoma  
4. Ileostomy  
5. Bowel diversions | Lecture/discussion | Written test |
|            | Describe the appearance of a normal stoma | B. Appearance of normal stoma  
1. Red  
2. Smooth  
3. Intestinal tissue | | Skills Checklist |
|            | Identify the procedure for collecting specimen | C. Specimen collection  
1. Stool  
2. Urine  
3. Equipment  
4. Procedures | | Competency Evaluation in clinical setting |
|            | Discuss the procedure for providing stoma care for an established ostomy | D. Routine stoma care  
1. Purpose of procedure  
2. Equipment  
3. Explanation to patient  
4. Skin care  
5. Recording and reporting | Laboratory demonstration and return demonstration of the steps in performing stoma care for patients with an established ileostomy and/or colostomy | |
|            | Describe the steps in changing an ileostomy appliance for a patient with an established ostomy | E. Ileostomy Care  
1. Types of appliances  
2. Locations  
3. Removing appliances  
4. Emptying appliances | Laboratory demonstration and return demonstration of procedure for changing an ileostomy appliance | |

Revised: 10/2010, 6/2015
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|            | Describe the steps in changing a colostomy pouch | 5. Cleaning skin  
6. Applying appliance  
7. Assisting patient with procedure | Laboratory demonstration and return demonstration of procedure for changing a colostomy pouch |            |
|            | Describe the procedure for ostomy irrigation | E. Colostomy pouch  
1. Removing pouch  
2. Cleansing skin  
3. Applying pouch  
4. Emptying pouch  
5. Assisting patient with pouch |            |            |
|            |                                    | F. Ostomy irrigation  
1. Identification of patient  
2. Equipment  
   a. Appliances  
   b. Barriers  
3. Positioning patient  
4. Procedures  
5. Common problems  
6. Distance for insertion of irrigating device  
7. Observations  
8. Reporting and recording | Laboratory demonstration and return demonstration of procedure for irrigating an established ostomy |            |
SKILL MODULE 10 ELIMINATION PROCEDURES: OSTOMY CARE AND IRRIGATION

SKILLS CHECKLIST COMPETENCY EVALUATION

SKILL MODULE 10 ELIMINATION PROCEDURES: OSTOMY CARE AND IRRIGATION

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COMPETENCY STATEMENT: Provides care to a patient with an established ostomy by: obtaining a specimen, irrigating, pouching, and providing routine site care

CRITERIA:
1. Obtains directions from licensed nurse
2. Assembles the necessary equipment and supplies
3. Explains procedure to patient
4. Positions patient
5. Puts on gloves
6. Removes and empties stoma bag/appliance in appropriate waste receptacle
7. Cleanses stoma area
8. Irrigates ostomy (if directed and according to specific directions by licensed nurse)
9. Notes condition of area
10. Reapplies belt/appliance
11. Removes and disposes of gloves
12. Washes hands
13. Documents information
14. Reports information to licensed nurse

This entire activity has been properly performed, without prompting and without assistance, by

_________________________________.
(Name of student)

RN INSTRUCTOR:

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I agree that I have performed this skill without prompting and without assistance on the above dates.

Student Signature: ___________________________ Date ___________________________