

**NORTH CAROLINA BOARD OF NURSING
NURSE AIDE II TRAINING MODULE**

SKILL MODULE 10 ELIMINATION PROCEDURES: OSTOMY CARE

SPECIAL DIRECTIONS OR NOTATIONS:

- NAII may care ONLY for an established ostomy as defined below
- An established ostomy is one that is 6 weeks or more post op and does not have any issues of morbidity such as necrosis, stenosis, mucocutaneous separation or prolapse. Ostomy must be assessed by the RN prior to delegating ostomy care to the NAII.
- Competency validation should occur in the clinical area whenever possible; however, in those limited situations where this is not possible, laboratory simulation of the clinical setting is permissible.
- Only the RN may provide nurse aide training and competency validation. The LPN may provide subsequent delegation and supervision when working with a nurse aide.

TIME FRAME	LEARNING OBJECTIVES	RELATED CONTENT (OUTLINE)	LEARNING ACTIVITIES	EVALUATION
5 hours	<p>Identify terms that relate to ostomy care</p> <p>Describe the appearance of a normal stoma</p> <p>Identify the procedure for collecting specimens</p> <p>Discuss the procedure for providing stoma care for an established ostomy</p>	<p>A. Terms</p> <ol style="list-style-type: none"> 1. Colostomy 2. Cecostomy 3. Stoma 4. Ileostomy 5. Bowel diversions <p>B. Appearance of normal stoma</p> <ol style="list-style-type: none"> 1. Red 2. Smooth 3. Intestinal tissue <p>C. Specimen collection</p> <ol style="list-style-type: none"> 1. Stool 2. Urine 3. Equipment 4. Procedures <p>D. Routine stoma care</p> <ol style="list-style-type: none"> 1. Purpose of procedure 2. Equipment 3. Explanation to client 4. Removing appliances 5. Emptying appliances 6. Skin care 7. Recording and reporting 8. Assisting client with procedure 	<p>Lecture/discussion</p> <p>Laboratory demonstration and return demonstration of the steps in performing stoma care for clients with an established ostomy</p>	<p>Written test</p> <p>Skills Checklist Competency Evaluation in clinical setting</p>

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	Describe the steps in changing an ileostomy appliance for a client with an established ostomy	E. Ileostomy Care 1. Types of appliances 2. Locations 3. Removing appliances 4. Emptying appliances	Laboratory demonstration and return demonstration of procedure for changing an ileostomy appliance	
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TIME FRAME	LEARNING OBJECTIVES	RELATED CONTENT (OUTLINE)	LEARNING ACTIVITIES	EVALUATION
	Describe the steps in changing a colostomy appliance for a client with an established ostomy	5. Skin care 6. Applying appliance 7. Reporting and recording 8. Assisting client with procedure E. Colostomy care 1. Types of appliances 2. Removing appliance 3. Emptying appliance 4. Skin care 5. Applying appliance 6. Reporting and recording 7. Assisting client with procedure	Laboratory demonstration and return demonstration of procedure for changing a colostomy appliance	

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SKILLS CHECKLIST COMPETENCY EVALUATION

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- Competency validation should occur in the clinical area whenever possible; however, in those limited situations where this is not possible, laboratory simulation of the clinical setting is permissible.
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COMPETENCY STATEMENT: Provides care to a client with an established ostomy by: obtaining a specimen, applying and removing appliances, and providing routine site care

CRITERIA:

1. Obtains directions from licensed nurse
2. Assembles the necessary equipment and supplies
3. Explains procedure to client
4. Positions client
5. Puts on gloves
6. Removes and empties stoma appliance/bag/pouch in appropriate waste receptacle
7. Cleanses stoma area
8. Notes condition of area
9. Reapplies belt/appliance
10. Removes and disposes of gloves
11. Washes hands
12. Documents information
13. Reports information to licensed nurse

This entire activity has been properly performed, without prompting and without assistance, by

_____.
(Name of student)

RN INSTRUCTOR:

Name/Date	
Select One	<input type="checkbox"/> Clinical Setting <input type="checkbox"/> Laboratory <input type="checkbox"/> Simulation

Name/Date	
Select One	<input type="checkbox"/> Clinical Setting <input type="checkbox"/> Laboratory <input type="checkbox"/> Simulation

I agree that I have performed this skill without prompting and without assistance on the above dates.

Student Signature: _____ Date _____