**SPECIAL DIRECTIONS OR NOTATIONS:**
- NAII may care ONLY for an established ostomy as defined below.
- An established ostomy is one that is 6 weeks or more post op and does not have any issues of morbidity such as necrosis, stenosis, mucocutaneous separation or prolapse. Ostomy must be assessed by the RN prior to delegating ostomy care to the NAII.
- Competency validation should occur in the clinical area whenever possible; however, in those limited situations where this is not possible, laboratory simulation of the clinical setting is permissible.
- Only the RN may provide nurse aide training and competency validation. The LPN may provide subsequent delegation and supervision when working with a nurse aide.

<table>
<thead>
<tr>
<th>TIME FRAME</th>
<th>LEARNING OBJECTIVES</th>
<th>RELATED CONTENT (OUTLINE)</th>
<th>LEARNING ACTIVITIES</th>
<th>EVALUATION</th>
</tr>
</thead>
</table>
| 5 hours    | Identify terms that relate to ostomy care | A. Terms  
1. Colostomy  
2. Cecostomy  
3. Stoma  
4. Ileostomy  
5. Bowel diversions | Lecture/discussion | Written test  
Skills Checklist  
Competency Evaluation in clinical setting |
|            | Describe the appearance of a normal stoma | B. Appearance of normal stoma  
1. Red  
2. Smooth  
3. Intestinal tissue | Laboratory demonstration and return demonstration of the steps in performing stoma care for clients with an established ostomy |   |
|            | Identify the procedure for collecting specimens | C. Specimen collection  
1. Stool  
2. Urine  
3. Equipment  
4. Procedures |   |   |
|            | Discuss the procedure for providing stoma care for an established ostomy | D. Routine stoma care  
1. Purpose of procedure  
2. Equipment  
3. Explanation to client  
4. Removing appliances  
5. Emptying appliances  
6. Skin care  
7. Recording and reporting  
8. Assisting client with procedure |   |   |
<table>
<thead>
<tr>
<th>Describe the steps in changing an ileostomy appliance for a client with an established ostomy</th>
<th>E. Ileostomy Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Types of appliances</td>
<td></td>
</tr>
<tr>
<td>2. Locations</td>
<td></td>
</tr>
<tr>
<td>3. Removing appliances</td>
<td></td>
</tr>
<tr>
<td>4. Emptying appliances</td>
<td></td>
</tr>
<tr>
<td>Laboratory demonstration and return demonstration of procedure for changing an ileostomy appliance</td>
<td></td>
</tr>
<tr>
<td>TIME FRAME</td>
<td>LEARNING OBJECTIVES</td>
</tr>
<tr>
<td>------------</td>
<td>---------------------</td>
</tr>
</tbody>
</table>
|            | Describe the steps in changing a colostomy appliance for a client with an established ostomy | 5. Skin care  
6. Applying appliance  
7. Reporting and recording  
8. Assisting client with procedure  
E. Colostomy care  
1. Types of appliances  
2. Removing appliance  
3. Emptying appliance  
4. Skin care  
5. Applying appliance  
6. Reporting and recording  
7. Assisting client with procedure | Laboratory demonstration and return demonstration of procedure for changing a colostomy appliance |
SKILL MODULE 10 ELIMINATION PROCEDURES: OSTOMY CARE

SKILLS CHECKLIST COMPETENCY EVALUATION

SKILL MODULE 10 ELIMINATION PROCEDURES: OSTOMY CARE

SPECIAL DIRECTIONS OR NOTATIONS:

▪ NAI may care ONLY for an established ostomy as defined below
▪ An established ostomy is one that is 6 weeks or more post op and does not have any issues of morbidity such as necrosis, stenosis, mucocutaneous separation or prolapse. Ostomy must be assessed by the RN prior to delegating ostomy care to the NAI.
▪ Competency validation should occur in the clinical area whenever possible; however, in those limited situations where this is not possible, laboratory simulation of the clinical setting is permissible.
▪ Only the RN may provide nurse aide training and competency validation. The LPN may provide subsequent delegation and supervision when working with a nurse aide.

COMPETENCY STATEMENT: Provides care to a client with an established ostomy by: obtaining a specimen, applying and removing appliances, and providing routine site care

CRITERIA:

1. Obtains directions from licensed nurse
2. Assembles the necessary equipment and supplies
3. Explains procedure to client
4. Positions client
5. Puts on gloves
6. Removes and empties stoma appliance/bag/pouch in appropriate waste receptacle
7. Cleanses stoma area
8. Notes condition of area
9. Reapplies belt/appliance
10. Removes and disposes of gloves
11. Washes hands
12. Documents information
13. Reports information to licensed nurse

This entire activity has been properly performed, without prompting and without assistance, by

______________________________
(Name of student)

RN INSTRUCTOR:

<table>
<thead>
<tr>
<th>Name/Date</th>
<th>Select One</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>□ Clinical Setting □ Laboratory □ Simulation</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Name/Date</th>
<th>Select One</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>□ Clinical Setting □ Laboratory □ Simulation</td>
</tr>
</tbody>
</table>

I agree that I have performed this skill without prompting and without assistance on the above dates.

Student Signature: __________________________________________ Date ____________________________